

## Client Intake Form

Legal First & Last Name: \_\_\_\_\_ Preferred Name: \_\_\_\_\_

DOB (m/d/y): \_\_\_\_\_ Gender: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Best Contact Number: \_\_\_\_\_ Alternate Phone Number: \_\_\_\_\_

Email: \_\_\_\_\_ \*How did you hear about us: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ PH: \_\_\_\_\_ Relationship: \_\_\_\_\_

Alberta Health Care Number: \_\_\_\_\_

Are you currently under the care of a physician?  No  Yes: \_\_\_\_\_

What brings you in today? \_\_\_\_\_

### SKIN HISTORY

Acne/Acne Scarring

Unwanted Hair

Skin laxity

Brown Spots/Sun Damage

Pigmented Lesions

Skin Texture/Scars

Spider Veins

Rosacea

Flushing of the skin

Fine Lines and Wrinkles

Melasma

Crows Feet

Dry Skin

Large Pores

Deep Lines/Shadows

Are you currently taking/using any of the following for your skin condition?

Hydroquinone or bleaching agent

Accutane

Retin-A

Do you form thick or raised scars (keloid)?

Yes  No

Do you develop hyperpigmentation?

Yes  No

Are you planning a vacation in the sun in the next 3 months?

Yes  No

When were you last exposed to extensive sun light or a tanning booth? \_\_\_\_\_

Do you require information on sun screen/skin cancer prevention?

Yes  No

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### MEDICAL HISTORY

#### Do you have any of the following conditions?

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Arthritis                 | <input type="checkbox"/> Chest Pain                  | <input type="checkbox"/> HIV/AIDS            |
| <input type="checkbox"/> Any active infection      | <input type="checkbox"/> Epilepsy or seizures        | <input type="checkbox"/> Neurologic disorder |
| <input type="checkbox"/> Bleeding disorders        | <input type="checkbox"/> Heart Disease               | <input type="checkbox"/> Sensitive teeth     |
| <input type="checkbox"/> Bruising                  | <input type="checkbox"/> Hepatitis                   | <input type="checkbox"/> Moles               |
| <input type="checkbox"/> Dark spots from pregnancy | <input type="checkbox"/> Herpes Simplex (Cold Sores) | <input type="checkbox"/> Skin injury         |
| <input type="checkbox"/> Diabetes                  | <input type="checkbox"/> High blood pressure         | <input type="checkbox"/> Vision deficits     |
| <input type="checkbox"/> Cancer _____              | <input type="checkbox"/> Hormone imbalance           | <input type="checkbox"/> Thyroid disease     |
| <input type="checkbox"/> Other: _____              |  |  |

#### DO YOU TAKE ANY OF THE FOLLOWING?

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Insulin        | <input type="checkbox"/> Appetite suppressants | <input type="checkbox"/> Thyroid medication     |
| <input type="checkbox"/> Sedatives      | <input type="checkbox"/> Aspirin or Ibuprofen  | <input type="checkbox"/> Hormone/contraceptives |
| <input type="checkbox"/> Blood thinners | <input type="checkbox"/> Cortisone or steroids | <input type="checkbox"/> Anti-Depressants       |
| <input type="checkbox"/> Antibiotics    |  |   |
- \*\*\*PLEASE LIST NAMES OF ALL MEDICATIONS: \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

**For female patients:** Are you pregnant/breastfeeding?  Yes  No

#### DO YOU HAVE ALLERGIES TO ANY OF THE FOLLOWING?

- Topical skin care products    Anesthesia    Latex    Food    Plants    Medications
- Other: \_\_\_\_\_

**I have answered the questions contained in this questionnaire to the best of my knowledge.**

**I understand it is my responsibility to inform my practitioner of my current health conditions while seeking treatment as a patient. I will update this information as it occurs if there are changes to my health in between treatments.**

Signature: \_\_\_\_\_

Date: \_\_\_\_\_